

# SEVERE ALLERGIC REACTION PLAN & MEDICATION ORDERS/504

Date Plan Created: \_\_\_\_\_ Date Plan Revised: \_\_\_\_\_ Allergy Notification Card Made?  Signature \_\_\_\_\_

**Student has severe allergy to:**

NAME:	Birthdate:	<input type="checkbox"/> Student has asthma
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Grade:	School:	<input type="checkbox"/> Bus #	<input type="checkbox"/> Walk <input type="checkbox"/> Drive
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**Allergy History:**  History of anaphylaxis/severe reaction  Skin testing indicates allergy **Date of last reaction:** \_\_\_\_\_

**Epinephrine auto-injector (EAI) location:**  Office  BACKPACK  ON PERSON  OTHER: \_\_\_\_\_

**Inhaler (s) location:**  Office  BACKPACK  ON PERSON  OTHER: \_\_\_\_\_

**Anaphylaxis (Severe allergic reaction)** is an excessive reaction by the body to combat a foreign substance that has been eaten, injected, inhaled, or absorbed through the skin. It is an intense and life-threatening medical emergency. **Do not hesitate to give EAI and call 911.**

**USUAL SYMPTOMS of an allergic reaction:**

- |  |  |
|--|--|
| MOUTH--Itching, tingling, or swelling of the lips, tongue, or mouth    | SKIN--Hives, itchy rash, and/or swelling about the face or extremities |
| THROAT--Sense of tightness in the throat, hoarseness and hacking cough | GUT--Nausea, stomach ache/abdominal cramps, vomiting and/or diarrhea   |
| LUNG--Shortness of breath, repetitive coughing, and/or wheezing        | HEART --"Thready" pulse, "passing out", fainting, blueness, pale       |
| GENERAL--Panic, sudden   |  |

**This Section To Be Completed By A Licensed Healthcare Provider (LHP):**

If a student has symptoms or you suspect exposure (is stung, eats food he/she is allergic to, or exposed to something allergic to):

1. Give Epinephrine Auto Injector (EAI)  0.3 mg  Jr. 0.15 mg
- May repeat EAI (if available) in 10-15 minutes if symptoms are not relieved or symptoms return and EMS has not arrived. Document time medications were given below and alert EMS when they arrive.**

EAI #1	EAI #2	Antihistamine	Inhaler
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2. **Stay with student.**
3. **CALL 911 – Advise EMS that student has been administered Epinephrine**
4. **Notify parents and school nurse.**
5. **After EAI administered, administer Benadryl® or antihistamine \_\_\_\_\_ (ml/mg)**
6. **If student has history of Asthma and is having wheezing, shortness of breath, chest tightness with allergic reaction, After EAI and antihistamine, may administer:**
  - Albuterol 2 puffs (Pro-air®, Ventolin HFA®, Proventil®)  Albuterol/Levalbuterol unit dose SVN (per nebulizer)
  - Levalbuterol 2 puffs (Xopenex®)  Other \_\_\_\_\_
7. **A student given an EAI must be monitored by medical personnel or a parent and may NOT remain at school.**
  - Student may carry & self-administer EAI +/- or antihistamine  Student has demonstrated EAI use in LHP's office
  - Student may carry & self-administer Inhaler  Student has demonstrated inhaler use LHP's office

**PLEASE COMPLETE THIS SECTION IF THE STUDENT HAS A SEVERE FOOD ALLERGY –**

**Disability:** Potential anaphylaxis if food ingested. **Major life activity affected:** Potential shut down of multiple body symptoms leading to death. **How disability restricts student diet:** Student must not eat food containing allergen.

**FOODS TO OMIT:** \_\_\_\_\_

Suggested general substitutions: \_\_\_\_\_

**Note: Meals from home provide the safest food option at school.**

LHP Signature:	LHP Printed signature:
Start date:	End date <input type="checkbox"/> Last day of school <input type="checkbox"/> Other: _____
Date:	Telephone #: _____ Fax #: _____

## Care Plan for Severe Allergy – Part 2 – Parent

Additional Medical History \_\_\_\_\_

### Bus Concerns –Notified by Transportation

- This student carries Epinephrine auto-injector (EAI) and other ordered medications on the bus?  Yes  No
- EAI can be found in  Backpack  Waist pack  On Person  Other (specify) \_\_\_\_\_
- Student will sit at front of the bus?  Yes  No

### Field Trip Procedures – EAI must accompany student during any off campus activities.

- The student must remain with the teacher or parent/guardian during the entire field trip?  Yes  No
- Staff members on trip must be trained regarding EAI use and any other ordered medications and this health care plan (plan must be taken).

**\*\*Does the student need classroom, school activity, or recess accommodations?  Yes  No. If yes, please contact the school counselor.**

### EMERGENCY CONTACTS

<b>Mother/Guardian</b>		<b>Father/Guardian</b>	
	Name		Name
	Home Phone		Home Phone
	Work Phone		Work Phone
	Other		Other

### ADDITIONAL EMERGENCY CONTACTS

1.	Relationship:	Phone:
2.	Relationship:	Phone:

My student may carry and is trained by LHP to self-administer his/her own EAI:	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Provide extra for office?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
My student may carry and use his/her asthma inhaler with LHP approval:	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Provide extra for office?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

- I request this medication to be given as ordered by the licensed health professional (LHP) (i.e., doctor, nurse practitioner, PAC).
- I give health services staff permission to communicate with the LHP/medical office staff about this plan and medication.
- I understand that the medication may not be administered by a nurse but may be administered by school staff trained and supervised by an RN.
- I do not give Nutrition Services staff permission to provide the student with a beige lunch tray and allergy identification card to use when eating school breakfast and lunch.  (elementary only)
- I release school staff from any liability in the administration of this medication at school.
- I understand this is a life threatening health care plan and can only be discontinued, in writing, by the prescribing LHP.
- Medical/medication information may be shared with school staff working with my child and 911 staff, if they are called.
- All medication supplied must come in its originally provided container with instructions as noted above by the LHP.
- Student is encouraged to wear a medical ID bracelet identifying the medical condition.
- This permission to possess and self-administer any medication may be revoked by the principal/school nurse if it is determined that the student cannot safely and effectively self-administer the ordered medications.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

School Nurse Signature \_\_\_\_\_ Date \_\_\_\_\_

For School District Nurse Use Only		
This Student has demonstrated to the registered nurse, the skill necessary to use the medication and any device necessary to administer the medication.		
This student may carry and self-administer their medication: Yes _____ No _____		
Device(s) if any, used	Expiration date(s):	
Registered Nurse Signature	Phone #:	Date

A copy of the Health Care Plan will be kept in the substitute folder and given to all staff members involved with the student.